

Unwind with Equines

A day-long retreat

with Fey Burased, MS, LPC, and Erin Tanner Jospe, MS, LPC

in Longmont, Colorado. (Space is limited)



Date: 3 days to choose from:

Saturday, September 21, October 5th, or November 9th

Time: 10:00 AM – 4:00 PM **Price:** \$255 (scholarships available)

Registration – contact Erin @ erintannerjospe@gmail.com

Location: Little Hawk Ranch – Longmont, CO

Enjoy stunning views of the Front Range and Flatirons at Little Hawk Ranch, home to 3 dogs, 4 barn kitties, a flock of chickens, 8 mustangs, and 2 burros.

What's Included:

Healthy Boxed Lunch and Organic Snack | Personal Journal | Self-Care Gift Box

About the Retreat:

Unwind with a day-long Wellness Retreat designed to foster inner peace and empowerment. Engage in a holistic experience that nurtures your body and mind through yoga, equine-assisted work, art, and group processing time.

Why Horses?

Horses are exceptional teachers, helping us become more present, aware of incongruities, and grounded. Their presence supports our journey toward inner balance and well-being.

Join Us:

Reconnect with your authentic self, rejuvenate, and release in a supportive environment. This retreat is designed for caregivers who often need nurturing and self-care.

